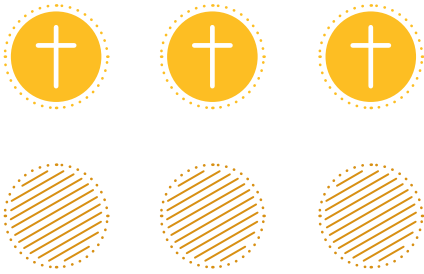


Chile Health and Wellness Support Program

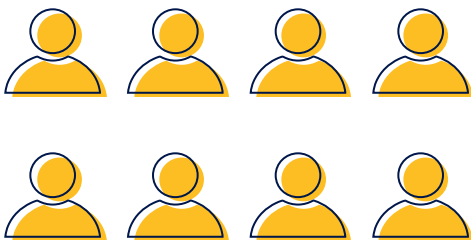
Data collected August from 26 Wellness Circle participants in 2020

RELATIONAL

46% of Wellness Circle participants volunteered with Kingdom Workers or attended other faith-based activities

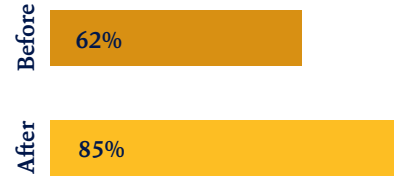


Eight church members participated in or led Wellness Circles



PHYSICAL

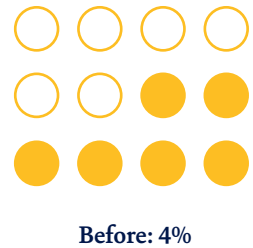
Participants who reported having at least some control over the health of their body



68% Respondents who said they eat at least five servings of fruits and vegetables a day



50% Respondents who reported exercising at least 120 minutes a week



SPIRITUAL

77% of Wellness Circle participants felt very familiar with the gospel message



Christian Wellness Circle participants who feel comfortable sharing their faith

5 Wellness Circle participants have trained to become Wellness Circle coaches